



**Office of the Principal Medical Officer**

31<sup>st</sup> January 2025

To: All Staff,  
And Students

From: The Principal Medical Officer

**SUBJECT: EBOLA ALERT**

The Ministry of Health Uganda, on 30<sup>th</sup> January 2025 identified and confirmed an Ebola case at Mulago National Referral Hospital. This particular patient, now late, had been to several health facilities in Kampala and also in Mbale. Two of our postgraduate medical students in Mbale had contact with this patient and are now under quarantine.

**About Ebola**

Ebola is a killer disease caused by the Ebola virus. It is spread through direct contact with animals such as monkeys, bats and infected humans with active symptoms of Ebola. It kills in a short time but can be prevented. With early medical treatment, death from Ebola disease can be prevented as well.

**Signs and symptoms of Ebola infection**

Specific to Ebola infection is bleeding from body openings such as Nose, Ears, Eyes, Mouth among others. The patient may also have bloody vomiting, Diarrhea, and urine.

Other symptoms and signs include high grade fevers, abdominal pains, joint pains, difficulty in swallowing, and headache among others

**Prevention advice**

1. Report immediately any person who is presenting with the above specific signs of Ebola to the Health authorities
2. Avoid direct contact with persons diagnosed with Ebola or are presenting with the specific signs and symptoms of Ebola
3. Students and Staff are advised strongly to avoid unnecessary visits to crowded hospitals/ health facilities, and unnecessary travels to Areas where Ebola infections have been identified
4. Students are advised to stay within their academic localities till the disease is contained.
5. Avoid unnecessary burial attendances during this time
6. Medical Students should follow strict Ebola prevention SOPs when attending to and examining patients

Thank you.

**Copy:** The Vice Chancellor

The Deputy Vice Chancellors

The Dean of Students

The Student Leaders